

Al-Rahmah Nursery

Monthly Newsletter

SEPTEMBER 2023

Admins' Message

Assalamu alaikum wa rahmatullahi wa barakatuhu,

It is hard to believe a whole month of school has already gone by. The children have settled so well in to their daily routines, mashaAllah!

Thank you so much for helping make Family Fun Night such a fun, community event, alhumdulillah. It was lovely seeing families coming together as we build our Al Rahmah Nursery community for this academic year. Alhumdulillah, the beautiful season of fall is upon us! That means lots of nature walks, and activities with the beautiful fall leaves. This month, we will also be taking our annual field trip to the Pumpkin Patch at Clark's Elioak farm. Stay tuned for more details!

October Events

- 10: Parent Read Aloud
- 18: Cooking Day
- 20: PD/ NO SCHOOL
- 30 Color Day: **YELLOW**
- 31: Field Trip- Pumpkin Patch

Monthly Theme

Toddler/Pre-K3
Fall, my 5 senses

Pre-K/TK
Let's investigate

AIQ

Surah Al Fatiha

PreK4 Happenings: Dino-mite Dinosaurs!

Alhamdullilah we had a great first month of school! We learned All About Me, Friends and Kindness; this allowed the children to get to know one another while sharing fun facts about themselves. We discussed how we are unique and special in our very own way. We also worked on class routines and procedures.

We read lots of fun books, too, including, Brown Bear Brown Bear, Don't let the Pigeon Drive the Bus, A Kissing hand, My First day of Preschool, and many others. These books provided an introduction to color recognition, sequencing of events, and counting. In the final week of September, we celebrated Red Day. Everyone wore red and we did many activities about the color. It was thoroughly enjoyed by

all!

Sr Ayesha & Sr Konika



Toddlers Class - Learning Focus

Language Arts

- Introduce Alphabet - Letter: A a
- All about me.
- Reading Books : Brown Bear, A Kissing Hand

Math

- Shapes
- Sequence
- Count with me
- Colors around me.

Science

- Lets observe
- Safety rules
- Leaves are changing colors
- Fall

Cultural/ Social Studies

- Introduce children to each other
- sharing with friends
- Class Environment

Quran

- Surah Al Fatiha

Duaa

Duaa before eating

Arabic

Letters:

- Tha
- Jeem
- Ha

PROPHET

Prophet Yousuf (AS)

PreK3 - Learning Focus

Language Arts

- Reading books for reading aloud (Gossie, Dr. Seuss, "Hands are not for hitting")
- Tracing practice (straight lines and curves)
- Color recognition
- Letter Recognition (letter A, Letter T, Letter N) review in last week

Math

- Sorting shapes
- Number 1 & 2 recognition/activities
- Activities with the Circle
- Building and counting blocks

Science

- Weather
- Seasons
- Signs of fall
- Five senses
- Hot and cold recognition
- Color of the month (yellow)

Cultural/ Social Studies

- Making friends
- Taking turns
- Saying " Excuse me"
- "Please" and "Thank you"
- Sharing is caring
- Who is in our family
- nature walk

Quran

- Surah Al Ikhlas

Duaa

Duaa before eating

Islamic Studies

Al Bismillah

Arabic

Letters:

- Tha
- Jeem
- Ha

PROPHET

Prophet Yousuf (AS)

PreK4 - Learning Focus

Language Arts

- Meet the Investigator club characters
- Develop Friendships
- Identify Letters
- Discuss with Peers Personal Characteristics
- Books:
 - Dilly & JT Gator
 - Dilly & Great Aunty Lu
 - Dilly & Rosalita Sausalita
 - Dilly & Manny Salamander
 -

Science

- Observe & Deserve
- Sort Objects
- Match Numbers

Cultural/ Social Studies

- Similarities & Differences
- Awareness of self

Quran

- Surah Al Alnas

Duaa

Dua before eating

Islamic Studies

Al Bismillah

AQIDAH

Shahadah

Arabic

Letters:

- THA
- JEEM
- HA

PROPHET

Prophet Yousuf (AS)

Math

- One to one Correspondence
- Sort Objects
- Match Numbers

Transitional Kindergarten - Learning Focus

Language Arts

- Introduce the Letter F and L
- Thematic Vocabulary: Investigation, Special, Treehouse, World
- Story Sequence
- Match Letters
- Count Syllables
- Meet the Investigation Club Characters

Science

- Observing Weather Change
- Healthy Habits
- Investigate Sound
- Experiment by Mixing Colors
-

Cultural/ Social Studies

- Basic Human Needs
- Local Landscape
- Role of Community Workers

Quran

- Surah Al Nass
- Surah Al Falaq
- Surah Al Ikhlas

Duaa

Dua for leaving the house

Islamic Studies

The ways to make shukr

AQIDAH

Shahadah

Arabic

Letters

- THA
- JEEM
- HA

PROPHET

Prophet Yousuf (AS)

Math

- Compare Different Size
- Count in Sequence
- Patterns
- Number 1
- Color Sorting and Shapes

October Craft

Apple Popsicle Stick



Materials Needed


- Popsicle sticks
- Glue
- Paint
- Paintbrush
- Scissors
- Markers
- Apple template

Directions

- Cut out the apple template
- Line up 11 popsicle sticks together. Take 3 additional popsicle sticks and place them across. Glue each of these popsicle sticks to the group of 11, one on top, in the middle, and on the bottom.
- Paint the popsicle sticks in 1-2 thin coats of red or green paint, then let it dry completely.
- Glue the stem to the top and middle part of the popsicle sticks.
- Next, glue the leaves on either side of the stem.
- Place the eyes in the middle of the apple and glue them in place.
- Use a black marker to draw a mouth below the eyes and eyebrows above the eyes.
- ENJOY!

OCTOBER SNACK MENU

WW- Whole Wheat LF- Low Fat MG- Multigrain SF- Sugar Free
We serve 2% milk

Week 1 OCT 2-6	Monday	Tuesday	Wednesday	Thursday	Friday
AM	WW BREAD & SF JAM MILK	PANCAKES MILK	FRENCH TOAST MILK	PASTRY CRISP MILK	MG CEREAL MILK
PM	BANANA (LF) VANILLA YOGURT	VEGGIE STRAWS APPLE JUICE	APPLE SLICES MG CRACKERS	CARROTS/RANCH PRETZELS	STEAMED CORN WW CHEEZ-IT
Week 2 OCT 9-13	Monday	Tuesday	Wednesday	Thursday	Friday
AM	PANCAKES MILK	BAGELS (LF) CREAM CHEESE	WAFFLES MILK	MG CEREAL MILK	FRENCH TOAST MILK
PM	CUCUMBER CHEESE STICKS (LF)	APPLE SLICES WW CHEEZ-IT	ORANGES PRETZEL	WG TORTILLA CHIPS SALSA	STEAMED CORN WW RITZ CRACKERS
Week 3 OCT 16-20	Monday	Tuesday	Wednesday	Thursday	Friday
AM	CROISSANT MILK	WAFFLES MILK	WW BREAD & SF JAM MILK	MG CEREAL MILK	NO SCHOOL/PD
PM	WW CHEEZ-IT GOGURT	BANANA GOLD FISH	COOKING DAY! 	MG CRACKER (LF) CHEESE STICKS	NO SCHOOL/PD
Week 4 OCT 23-27	Monday	Tuesday	Wednesday	Thursday	Friday
AM	FRENCH TOAST MILK	PANCAKES MILK	MG CEREAL MILK	BAGELS (LF) CREAM CHEESE	PASTRY CRISP MILK
PM	CARROTS/RANCH VEGGIE STRAWS	BANANA (LF) VANILLA YOGURT	STEAMED CORN PRETZELS	WG TORTILA CHIPS CUCUMBERS	WW RITZ CRACKERS APPLE JUICE
WEEK 5 OCT 30 - NOV 3	Monday	Tuesday	Wednesday	Thursday	Friday
AM	MG CEREAL MILK	CROISSANT MILK	PANCAKES MILK	WAFFLE MILK	FRENCH TOAST MILK
PM	WW CHEEZ-IT GOGURT	CUCUMBER CHEESE STICKS (LF)	ORANGES PRETZEL	APPLE SLICES GOLD FISH	ANIMAL CRACKERS APPLE JUICE



October Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Play "store." Stock it with orange fruits and vegetables.	Make up a story about what you like to do in the fall	Start a leaf collection.	Clap for each syllable as you say <i>apple</i> , <i>leaf</i> , and <i>pumpkin</i> .	Line up five objects. Which is first and which is last?	Go to a park. Run, jump, climb, slide, or swing together	Sing the song "Old MacDonald."
make a pumpkin pie together	Cut out fall shapes. Glue them on paper to make a collage.	Rake fall leaves into piles. Jump on the piles.	Sort leaves by color, shape, and size.	Manny lives in the city. Use blocks to build a city.	Create simple patterns with blocks.	Auntie Lu loves art. Draw a picture of your favorite fall activity.
Find objects around the house that begin with O.	Cut an apple in half. Dip it in paint and make apple prints.	Have each child practice reciting his phone number.	Rosalita loves the computer. Read an eBook about owls.	Blow up a balloon and let it go. What happens?	Cut open a squash and look at it with a magnifying glass.	Name words that rhyme with <i>fall</i> , <i>black</i> , and <i>cat</i> .
Talk about how to stay safe when crossing the road.	Mix red and yellow paint to make orange.	Make a clay apple	Paint a pumpkin	Bake pumpkin seeds. Count out ten and eat them for a snack.	Stage an art gallery display of your fall artwork	